

Holland America Line

Explorer



ms Maasdam

BRIDGETOWN, BARBADOS

FORECAST: PARTLY CLOUDY 84°F / 29°C

SUNDAY, DECEMBER 16, 2012

TONIGHT'S DRESS: SMART CASUAL

ARRIVAL: 8:00 AM

ALL ABOARD: 4:30 PM

Bridgetown, Barbados

Easternmost of the Caribbean Islands, Barbados is part of the Windward Island Group. Covering a 166 sq. mile area, Barbados was officially discovered by the Portuguese in 1536, when it was named Los Barbados, presumably for the abundance of Ficus Trees, whose aerial roots resemble beards. The Portuguese decided not to settle here, and almost a century passed before the British established the first settlement at Holetown, in what is now St. James Parish, in 1627. It remained a British protectorate until it peacefully chose independence on November 30, 1986. Bridgetown, the capital, is the primary duty free district, and Broad Street, its main shopping artery, is in the center of town. A minute's walk from the tourist office is Pelican Village, an arts-and-crafts center on Princess Alice Highway near the harbor. Lord Nelson's statue, erected in 1813 (27 years before Nelson's Column in London's Trafalgar Square), stands in the center of Bridgetown's Trafalgar Square. The best beaches are found along the island's leeward side (west coast), in Christ Church, St. Michael, St. James, and St. Peter Parishes. In St. Michael Parish (the Bridgetown area), good

GOING ASHORE

Please remember to have your Holland America Line ship's ID and a form of government issued photo ID as well. As a friendly reminder: when ashore in our ports of call, always be conscious of your surroundings and personal belongings.

Emergency Drill for Crew

An emergency life raft drill training for crew members will be held at 10:30am. If you wish to view this life raft training you may view from Deck 11 aft the Navigation Pool, 10.

Tonight in
THE
SHOWROOM
AT SEA

8:00pm & 10:00pm

Fast Flying Fingers & Fun with Dynamic Showman

Paul Pappas

"Memorable music from way back when up to now"

Ocean Bar

Cocktails & Dancing with

The Neptunes

6:30pm - 11:30pm

MIX

Solo Guitarist Theresa

5:00pm - 9:00pm

Piano Man Buddy Mitchell

9:00pm - 10:00pm • Margaritaville Hour

9:00pm-close

Happy Hour: Buy 1 drink, receive the 2nd for just \$1 • 4:00pm - 5:00pm

Explorer's Lounge

Coffee, Cognacs & Classics with

Adagio Strings

7:00pm - 10:00pm

Crow's Nest

Country and Modern Line Dance Night

9:00pm - 10:30pm

The Party Continues with DJ Brett

10:30pm-close

Happy Hour: Buy 1 drink, receive the 2nd for just \$1

4:00pm - 5:00pm & 6:00pm - 7:00pm

EXPLORE

OUR WORLD

8:00am **Travel Guide Brett is Available**
- *Brett is available to answer last
minute questions*
9:00am *At the gangway*

7:00pm **Ask Your Travel Guide**
-9:00pm *Brett is available to answer
your questions*
Atrium, 7

Explore the Explorations Café
Visit Librarian Meghan in the Explorations
Café to check out a classic card game or
your favorite board game.



EXPLORE

FOOD & ENTERTAINING

9:00am **Creativity By the Sea**
Travel Journals with Planner Laurie
Hudson Room, 7

4:00pm **Totally Tea**
*Party Planner Laurie discusses the
types, preparation and health
benefits of various teas*
Explorer's Lounge, 8

5:00pm **A Little Something**
*Join us for tonight's pre-dinner
Appetizer, Cellar Master Martin's
wine selection of the day*
Wine by the glass \$4
Wine Bar, 7

6:30pm **Pub Trivia**
*Grab a drink and join DJ Brett and
your bartenders for a game of trivia*
MIX, 8



EXPLORE

TECHNOLOGY

8:30am **Sharing Photos**
*Email & store pictures to share with
others using Windows Live® Mail*
Digital Workshop, 8

9:30am **Camera Basics**
*Bring your digital camera, & we will
show you how to use it*
Digital Workshop, 8

5:30pm **Introductory Photo Editing**
*Make your pictures look great with
Windows Live® Photo Gallery*
Digital Workshop, 8

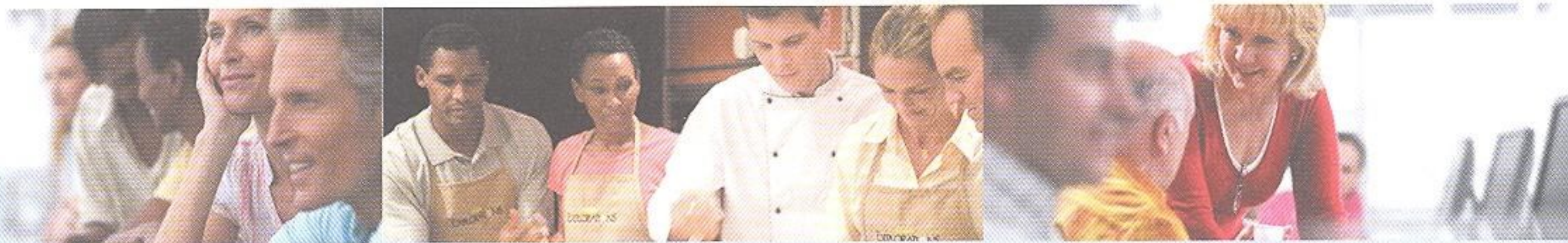
6:30pm **Techspert Time**
*Techspert Trevor is available to
answer your questions about
Windows® 7 and Windows Live®
Essentials*
Digital Workshop, 8

The Digital Workshop
The Digital Workshop powered by Windows
is located on Deck 8, in the Queen's Room
and can be found on your ship map.



Digital Workshop

Powered by Windows



Beautiful Barbados

Bask in the sun in Bridgetown
5-Star Catamaran & Turtle Encounter
Utilized by the 5-Star Hotels in Barbados
4x4 Island Safari Adventure
Visit the home of the Elusive Green Monkey

Shore Excursions Office, 7

A Taste of Celebration

Holland America Line Master Chef Rudi Sodamin
is proud to present his brand new cookbook,
"Taste of Celebration." Enjoy over 200 pages of
tantalizing recipes including much of the
wonderful cuisine we have become known for.

*Available from the Front Office, 7
or Explorations Café, 8*

Explorations Café Internet

Internet Time Plan Special
Today only!
Receive 20 extra minutes when purchase 250
minute Time Plan
or 10 extra minutes when purchase 100 mi-
nute Time Plan today.
Minutes will be credited to your account auto-
matically by the end of the day

Explorations Café, 8

Bridgetown, Barbados

Check the events you plan on attending

- 7:00am **Morning Stretch**
Fitness Center, 11
- 7:30am **Total Body Conditioning**
Fitness Center, 11
- 8:00am **Tai Chi**
with Lifestylist Jo
Seaview Pool, 10
- 9:00am **Guided Meditation**
with Lifestylist Jo
Crow's Nest, 12
- 2:30pm **How about a game of Mah-Jongg?**
Explorations Café, 8
- 3:30pm **Team Trivia Challenge**
Cruise Director Linda
Crow's Nest, 12
- 4:00pm **Cruise Classics: Golf Putting**
with Lifestylist Jo
Atrium, 6
- 5:00pm **Abs Class**
Fitness Center, 11
- 5:00pm **Sunset Tai Chi**
with Lifestylist Jo
Seaview Pool, 10

- 7:00am **Morning Stretch** Fitness Center, 11
- 7:30am **Total Body Conditioning** Fitness Center, 11
- 8:00am **Tai Chi with Lifestylist Jo** Seaview Pool, 10
- 8:00am **Travel Guide Brett is available to answer last minute questions** on the gangway
- 8:00am **Daily Quiz and Sudoku Available** Explorations Café, 8
- 8:30pm **Sharing Photos Digital Workshop**, 8
- 9:00am **Creativity by the Sea: Travel Journals** Hudson Room, 7
- 9:00am **Guided Meditation with Lifestylist Jo** Crow's Nest, 12
- 9:00am **Board Games Available** Exploration's Café, 8
- 9:30am **Camera Basics Digital Workshop**, 8
- 10:00am **Bridge Players Meet** Hudson Room, 7
- 11:00am **Complimentary Foot Print Analysis until 4:00pm** Fitness Center, 11
- 2:00pm **Bridge Players Meet** Hudson Room, 7
- 2:30pm **How about a game of Mah-Jongg?** Explorations Café, 8
- 3:00pm **Afternoon Tea** Rotterdam Dining Room, 8
- 3:30pm **Team Trivia Challenge Cruise Director Linda** Crow's Nest, 12
- 4:00pm **Totally Tea Lifestyle Show** Explorer's Lounge, 8
- 4:00pm **Interdenominational Service** Half Moon Room, 7
- 4:00pm **Cruise Classics: Golf Putting** Atrium, 6
- 4:00pm **Friends of Bill W** Pinnacle Grill, 8
- 5:00pm **Mass is Celebrated** Half Moon Room, 7
- 5:00pm **A Little Something** Wine Bar, 7
- 5:00pm **Abs Class** Fitness Center, 11
- 5:00pm **Sunset Tai Chi with Lifestylist Jo** Seaview Pool, 10
- 5:30pm **Introductory Photo Editing Digital Workshop**, 8
- 6:30pm **Techspert Time Digital Workshop**, 8
- 6:30pm **Pub Trivia with DJ Brett** MIX, 8
- 7:00pm **Ask Your Travel Guide Brett** Atrium, 7
- 8:00pm **SHOWTIME: Paul Pappas Showroom at Sea**, 7 & 8
- 9:00pm **Country and Modern Line Dancing with DJ Brett** Crow's Nest, 12
- 9:00pm **Margaritaville with Piano Man Buddy Mitchell** MIX, 8
- 10:00pm **SHOWTIME: Paul Pappas Showroom at Sea**, 7 & 8
- 10:30pm **The Party Continues with DJ Brett** Crow's Nest, 12

THE GREENHOUSE

SPA & SALON



Greenhouse Spa Special

Ladies & Gents Night

2 hours for the mind, body, & spirit.

Scalp massage, back, neck & shoulder massage, hydrating facial, foot & ankle massage, Eye Rejuvenation Eye treatment, full body exfoliation, and access to the Thermal Suite & Hydro Pool.

120 Minutes just \$109.

Visit the Greenhouse Spa, 11



or dial 94 to schedule an appointment

Did You Know?

In developing our menus, we are using seafood selections that are "Best Choices" or "Good Choices" based on recommendations from Marine Conservation Institute, an internationally recognized organization dedicated to protecting our oceans (www.marine-conservation.org), and have removed ALL seafood that is not caught in a sustainable manner.

← Detach

Food

	breakfast	lunch	dinner
	8:00am-9:30am	~	Fixed: 5:45pm & 8:00pm Open: 5:15pm - 9:00pm
	~	12:00nn - 1:00pm	5:30pm - 9:00pm Dial 98 for reservations
	~	~	5:30pm - 9:30pm Dial 88 for reservations
	~	11:30am - 5:00pm	5:00pm - 6:00pm
	Continental 6:00am - 10:30am Full Buffet 6:30am - 10:00am	Full Buffet 11:30am - 2:00pm Afternoon Snack 2:00pm - 5:00pm	Casual Dinner 5:30pm - 8:00pm Late Snack: Dutch 11:00pm - 12:00mn

THE US FOOD & DRUG ADMINISTRATION ADVISES THAT EATING UNCOOKED OR PARTIALLY COOKED MEAT, FISH, SEAFOOD, POULTRY AND/OR EGGS MAY PRESENT A HEALTH RISK.

Beverages

Drink of the Day Tropical Cable Car \$5.95

Explorations Café Coffee Bar	7:00am - 10:00pm	Deck 8
Lido Bar	8:30am - 9:00pm	Deck 11
Seaview Bar	9:00am - 7:00pm	Deck 10
MIX	10:00am - close	Deck 8
Crow's Nest	3:00pm - 10:30pm	Deck 12
Ocean Bar	3:00pm - 12:00mn	Deck 8
Explorer's Lounge	7:00pm - 11:00pm	Deck 8

*Bottles or other containers of beer and other alcoholic beverages purchased in the vessel's shops or otherwise brought on the ship cannot be consumed on the ship, with the exception of wine and champagne. If the beverages are purchased from the vessel's shops or at ports of call, they will be collected for safekeeping and delivered to your stateroom on the last day of the voyage. Our staff will make arrangements to store the items for you during the cruise.

Services

Explorations Café Library	8:00am - 10:00pm	Deck 8
Fitness Center	6:00am - 9:00pm	Deck 11
Front Office	24 hours	Deck 7
Future Cruise Consultant	4:00pm - 6:30pm & 7:00pm - 10:00pm	Deck 8
Greenhouse Spa & Salon	8:00am - 10:00pm	Deck 11
Medical Center	8:00am - 12:00n & 2:00pm - 6:00pm	Deck 4
Doctor's Hours	8:00am - 9:00am & 5:00pm - 6:00pm	Deck 4
Port Shopping Ambassador	7:00pm - 9:00pm	Deck 8
Pools	8:00am - 10:00pm	Deck 10 & 11
Hot Tubs	8:00am - 10:00pm	Deck 11
Travel Guide	7:00pm - 9:00pm	Deck 7
Shore Excursions	7:30am - 9:00am & 4:00pm - 6:00pm	Deck 7
Drop Box	24 hours	Deck 7

PEOPLE LIKE US

Chris Pine, Elizabeth Banks, Michelle Pfeiffer
Rated PG-13; 1 hour and 54 minutes; 2012

This smart, intimate drama features Sam, a twenty-something, fast-talking salesman, whose latest deal collapses on the day he learns that his father has suddenly died. Against his wishes, Sam is called home, where he must put his father's estate in order and reconnect with his estranged family. In the course of fulfilling his father's last wishes, Sam uncovers a startling secret that turns his entire world upside down: He has a 30-year-old sister he never knew about. As their relationship develops, Sam is forced to rethink everything he thought he knew about this family—and re-examine his own life choices in the process. 2:00pm, 5:00pm, 7:30pm & 9:30pm

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in the Wajang Theater, 7

Casino

Casino Theme Night: Sports Night
Come along and join the fun tonight
Raffle Drawings at 9:15pm, 9:30pm & 9:45pm

Texas Hold'em cash Game
9:00pm

Cashier & Tables Open at 5:30pm
Casino, 8

Signature Shops

Costume Jewelry Event

50% Off Selected Collections
Sparkle in Style at Great Prices

5:00pm - 11:30pm
Signature Shops, 8

Merabella Luxury Collection

Tara & Sons

Timeless elegance with contemporary
Sophistication. Fashion forward
Designs in pearls

Merabella Boutique, 8
5:00pm - 11:30pm

Fine Art

The Artistically Alternative MBA.
For anyone who thought art had to be old
to be great, meet the MBA: Max, Britto and
Agam, three modern artists whose
brushstrokes may eventually land them in
the history books

6:00pm - 9:00pm • Art Gallery, 7

Photo Gallery

Fun-Informal-Relaxed
Every White Nights Stories casual portrait
session is an individual story bringing your
personality to life. Let us inspire you!
6:00pm - 10:00pm • Atrium, 8

5:00pm - 11:00pm
Photo Gallery, 7

Future Cruises

Onboard Promos this week

Win a \$50 shipboard credit for this sailing
Win a 7 day Caribbean cruise for two

Book your future cruise onboard
and you will be in the draw to win

See your future cruise consultants, deck 8 aft