

WEDNESDAY, MARCH 19, 2014

Formal

Forecast: Winds: Temperature:

Partly Cloudy WSW 12kts 21°C / 69°F Sunrise/Sunset: 7:19am / 6:59pm

Dress Code:



SAILING TOWARD

Bringing the cultures, tastes and unique Holland America experiences to life, both on board and off.

Today's highlights include:

Caribbean Highlights · 10:00am

VISTA LOUNGE, 2

Learn how to make the most of your time ashore, with Shore Excursions Manager Katie. You could win lunch for two at the Pinnacle Grill!

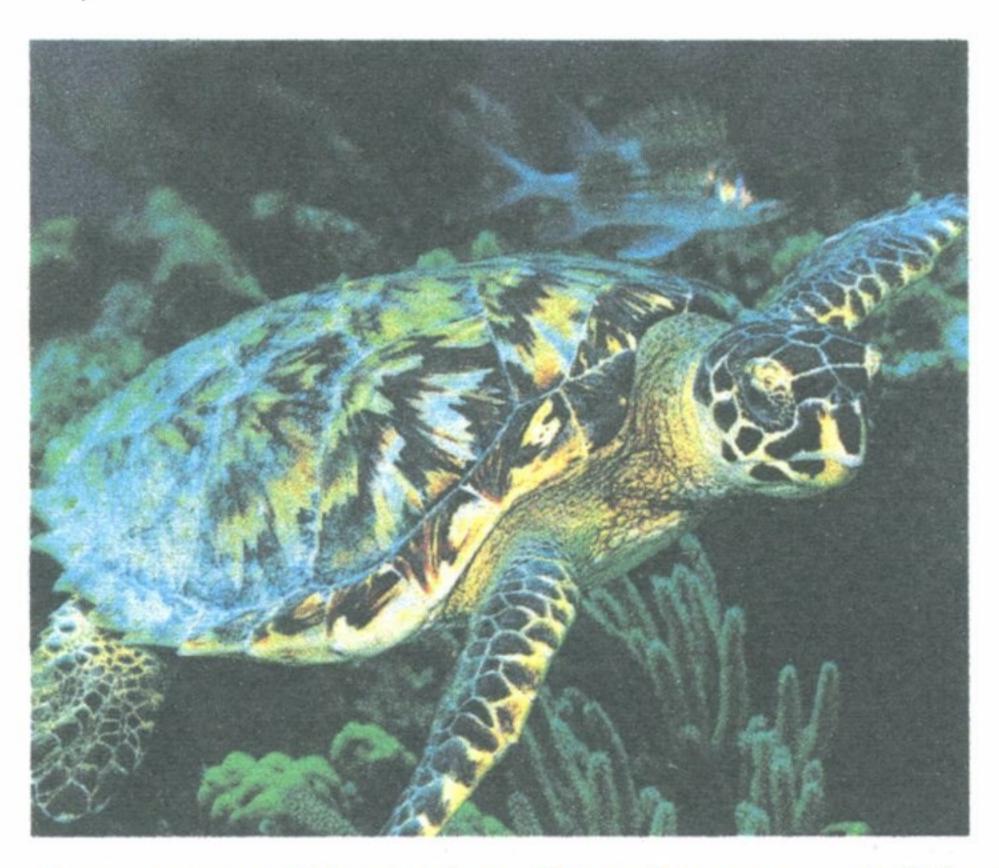
Shop 'Til You Drop in Aruba & Curacao Presentation · 11:00am

VISTA LOUNGE, 2

Learn how to save valuable time and money when shopping in port, with your Port Shopping Ambassador Matt. Collect your port maps, shopping coupons, VIP cards, plus a voucher for a complimentary charm bracelet!

Cooking Show: Delicious Caribbean Cuisine · 1:00pm

CULINARY ARTS CENTER, 2 Slide into the spirit of the islands and eat Caribbean! Today Culinary Arts Center Host Ashley will show you how to prepare Caribbean Shrimp and Chayote Salad.



Learn to Play the Steelpans · 4:00pm

LIDO POOLSIDE, 9

Also known as steel drums these instruments play a large part of the Caribbean music culture. Slaves in the late 1700's created their own celebration called Canboulay after they could not take part in Carnival. Steelpans are now a popular section of the Canboulay music contest. Join Kevin for this hands-on music lesson.

Panama Canal Fun

The average sea level for the Atlantic and Pacific entrance is virtually the same. But since the tidal variation at the Pacific entrance can be up to 18 feet, a sea level canal would be faced with the problem of a current running northbound when the Pacific tide was high and a current running south bound when the tide was low.

Did You Know?

Holland America Line created a training course that has been recognized by the National Oceanic and Atmospheric Administration (NOAA) that is now used by vessel operators around the world to help identify different whale species and predict their behavior to help avoid physical contact.



TONIGHT'S SHOW



In Concert

7:00pm, 8:30pm & 10:00pm VISTA LOUNGE, 2

The world's biggest in music & number one hits are brought to the stage by the Zuiderdam Singers & Dancers

MUSIC & LOUNGES

Solo Guitarist Ryan 7:30pm · 11:00pm

CROW'S NEST, 10
Enjoy acquistic version

Enjoy acoustic versions of popular music from the 60s to today.

Adagio · 7:00pm · 11:00pm EXPLORER'S LOUNGE, 2

Our violin and piano duo performs sophisticated classical music.

the HALCats

6:00pm · 7:00pm &

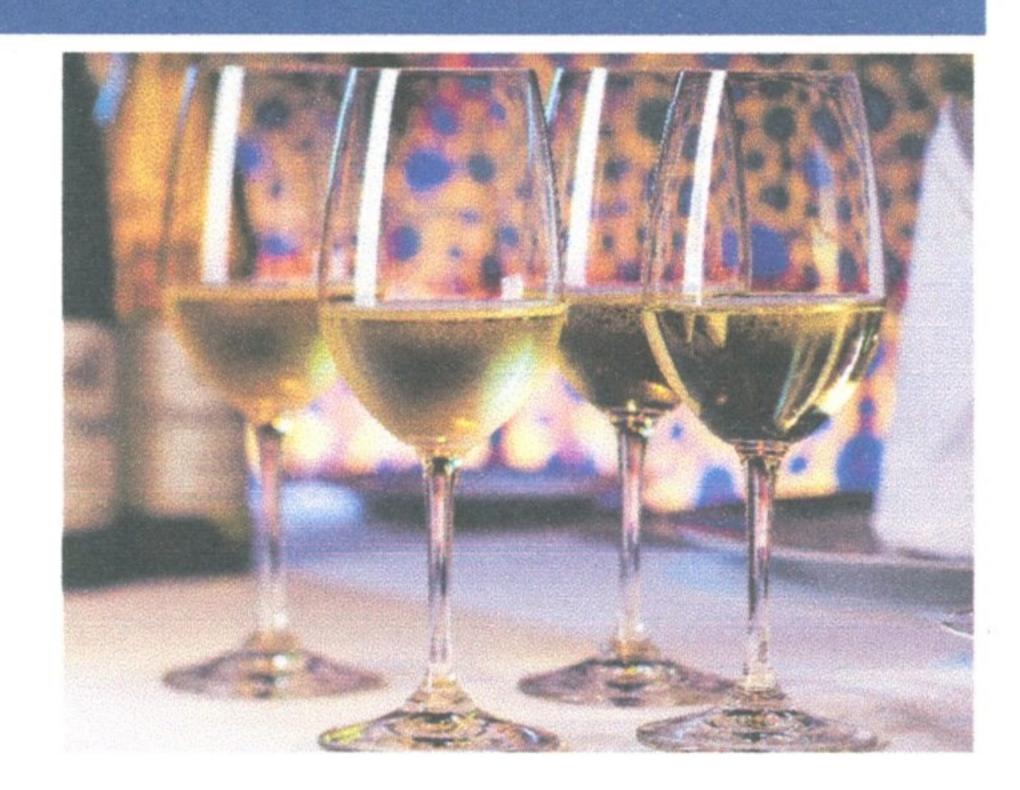
7:30pm · 9:30pm

OCEAN BAR, 3
It's cocktails and dancing as the HALCats play the American songbook.

Piano Bar Entertainer Michael Sara · 9:00pm · close

PIANO BAR, 2

Grab a drink and join Piano Man Michael for 'Neil Diamond'.



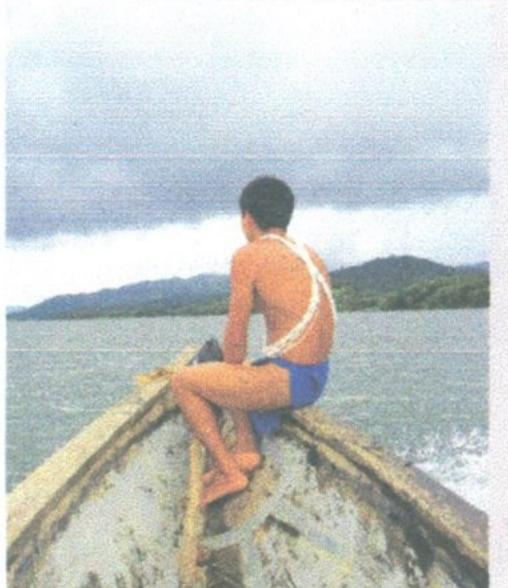
Yolanda & the HALCats 10:00pm · 12:00mn

QUEEN'S LOUNGE, 2

Show Host Ash Spins the Hits 10:30pm · close

MORTHERNIICHTS

NORTHERN LIGHTS, 2
Ash gets the party started and keeps it going into the night spinning great dance music.



Shore Excursions Presentation

Make the most of your time ashore!

Shore Excursions Manager Katie highlights the great things to see and do in our upcoming ports of call: Aruba, Curaçao, Cartagena, Panama and Costa Rica

One lucky guest will win a Pinnacle Grill Lunch for two

Vista Lounge, 2 10:00am

"AS YOU WISH DINING"®





Pacific Northwest Steak & Seafood in an intimate setting. Lower Promenade, 2 midship Lunch: 12n-1p, \$10 Dinner: 5:30p-9:30p, \$29



A taste of Italy featuring small plates for sharing. Lido, 9 midship





A wide variety of options for breakfast, lunch and dinner in this classic setting with ocean views.

Breakfast: 8a- 9:30a Lunch: 12n-1p Royal Dutch High Tea: 3p-4p

Dinner: Open Seating: 5:15p-9p Seatings at: 5:30p & 7:45p



Our casual option for breakfast, lunch and dinner. Lido, 9

Continental Breakfast: 6:30a-11a Full Breakfast: 7a-10:30a Lunch: Lido Bistro: 11:30a-2p Lido Deli: 11:30a-5p Casual Dinner: 5:30p-8p Late Night Snack: 11p-12m



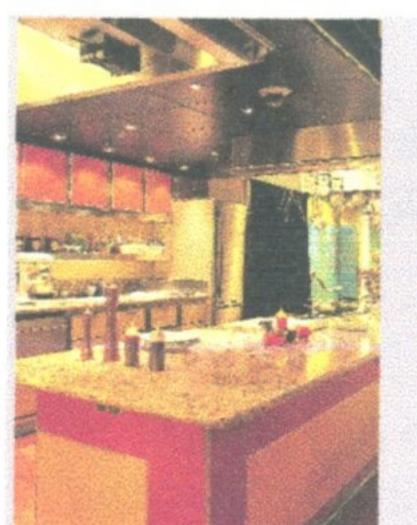
Burgers, Hot Dogs and Fries served poolside. Lido Poolside, 9 Hours: 11:30a-6p

CANALETTO



"Spartire" is the Italian word for sharing. It is a concept that is part of everyday life in Italy, especially when eating with friends and family. Our menu is designed around this authentic Italian experience and offers a variety of dishes to enjoy and share. Buon appetito!

Limited availability. Dial 88 for reservations.



Cooking Show: Flavors of the Zuiderdam

Join the Chefs of the Zuiderdam as they show you how to prepare dishes from our Pinnacle Grill and Canaletto Restaurant.

Culinary Arts Center, 2 11:00am

DRINKS			
	*.	HAPPY	
LOCATION	HOURS	HOUR	DECK
Explorations Café	7a-10p		10
Lido Bar	9a-8:30p		9
Seaview Bar	9a-8:30p		9
Ocean Bar	10a-12:30a	4p-5p	3
Crow's Nest	10a-close	4p-5p	10
Sports Bar	9:30a-close	-	2
Explorer's Lounge	5p-11p		2
Pinnacle Bar	4:30p-11p		2
Northern Lights	9p-close	-	2
Atrium Bar	4:30p-8:30p	6p-7p	1
Piano Bar	8:30p-close		2

DRINK OF THE DAY Classic Colada \$5.95

^{*}Reservations for specialty restaurants can be made by dialing 88.

Today	Sailing toward Aruba 'WEDNESDAY	MARCH 19, 2014
□ 7:00am	Fitness Class: Morning Stretch	Fitness Center, 9
□ 8:00am	Mass is Celebrated	Queen's Lounge, 2
□ 8:00am	Fitness Class: Indoor Cycling \$12	Fitness Center, 9
□ 9:00am	Fitness Class: Pathway to Pilates \$12	Fitness Center, 9
□ 9:30am		Digital Workshop, 2 aft
□ 10:00am	ON LOCATION Caribbean Highlights: Shore Excursions Presentation Shore Excursions Manager Katie highlights the great things to see & do in our ports of call.	Vista Lounge, 2
□ 10:00am	Card Players Meet	Pinnacle Bar, 2
□ 10:00am	Fitness Class: Boot Camp fee applies	Fitness Center, 9
□ 10:30am	Behind the Scenes: Kitchen Tour Did you know that the Zuiderdam culinary team prepares over 12,000 meals a day? See how they do it. (For safety reasons please wear closed toed, flat shoes.)	Vista Dining Room, 2
□ 10:30am	Golf Chipping Challenge with Show Host Ash and Event Manager Diana	Lido Poolside, 9 midship
□ 10:30am	Meet the New Windows: An inside look at the latest operating system for your PC.	Digital Workshop, 2 aft
□ 10:30am	Acupuncture Seminar: Introduction to Acupuncture	Explorer's Lounge, 2
□ 10:30am	\$30 Texas Hold'em Beginners' Tournament	Casino, 2
□ 11:00am	Veteran's Meet	Piano Bar, 2
□ 11:00am	ON LOCATION Shopping Ashore in Aruba & Curação Get the inside information on the amazing deals in our upcoming ports of call. A voucher for a free Caribbean Charm Bracelet for all who attend!	Vista Lounge, 2
□ 11:00am	Cooking Show: Flavors of the Zuiderdam with the Chefs of the Zuiderdam	Culinary Arts Center, 2
□ 11:00am	Secrets of Art Collecting Come learn all there is to know about collecting: styles, artists, and techniques	Ocean Bar, 3
□ 11:00am	Gaming Lessons Learn to play Blackjack and more!	Casino, 2
□ 11:00am	Health Seminar: Detox for Health, Energy, Weight Loss	Stuyvesant Room, 3
□ 11:30am	Scavenger Hunt	Lido Poolside, 9
□ 11:30am	Medi-Spa Seminar: Wrinkle Remedies with Dr. Luis Moch M.D.	Explorer's Lounge, 2
□ 11:30am	Get Creative with Photo Editing: Explore the advanced features of Photo Gallery in order to create pop art, collages, and panoramic photos.	Digital Workshop, 2 aft
□ 12:30pm	Baggo Toss	Sports Court, 11
□ 12:30pm	Designer Watch Prize Draw	Signature Shops, 3
□ 1:00pm	Team Trivia Challenge with Show Host Ash	Crow's Nest, 10
□ 1:00pm	Blackjack Tournament: Win up to \$500	Casino, 2
□ 1:00pm	ON LOCATION Cooking Show: Delicious Caribbean Cuisine with Culinary Arts Center Host Ashley	Culinary Arts Center, 2
□ 1:00pm	Live Champagne Art Auction for lovers of art and fun	Ocean Bar, 3
□ 1:30pm	\$30 Texas Hold'em Beginners' Tournament	Casino, 2
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Today S	Sailing toward Aruba WEDNESDAY, M.	ARCH 19, 2014
□ 2:00pm	Acupuncture Seminar: Arthritis Pain Relief	Explorer's Lounge, 2
□ 2:00pm	Future Cruise Presentation: Discover What's Next and New with Holland America. \$25 shipboard credit raffle	Queen's Lounge, 2
□ 2:00pm	Card Players Meet	Pinnacle Bar, 2
□ 2:00pm	Navigator Wine Tasting \$15 with Cellar Master Adrien	Vista Dining Room, 2
□ 2:00pm	International Beer Tasting \$12.50	Lido Poolside, 9
□ 2:30pm	Learn to Use Your Digital Camera: Bring your digital camera, and we will show you how to use it.	Digital Workshop, 2 aft
□ 2:30pm	Le Vian® Chocolate Diamond Seminar with Merabella Manager Diana	Hudson Room, 3
□ 2:30pm	Health Seminar: Secrets to a Flatter Stomach	Fitness Center, 9
□ 3:00pm	Dancing with the Stars at Sea Dance Class & Competition: Cha Cha with the Zuiderdam Dancers	Queen's Lounge, 2
□ 3:00pm	Martini Mixology Class \$12.50	Ocean Bar, 3
□ 3:00pm	Medi-Spa Seminar: Look 10 Years Younger Today with Dr. Luis Moch M.D.	Explorer's Lounge, 2
□ 3:30pm	Diamonds, Gemstone & Watch Seminar Learn how to maximize your budget and explore the fantastic selection and pricing in port! Complimentary charm for all who attend, plus a chance to win a lovely tanzanite pendant!	Hudson Room, 3
□ 3:30pm	Techspert Time: Techspert Brian is available to answer your questions about Windows 8.	Digital Workshop, 2 aft
☐ 4:00pm	Tag Heuer Seminar: Explore the world of Prestige and Precision with Watch Specialist Pawel	Signature Shops, 3
□ 4:00pm	ON LOCATION Learn to Play the Steelpans	Lido Poolside, 9
☐ 4:00pm	\$10,000 Strike it Lucky Bingo Win prizes from the Casino	Queen's Lounge,2
☐ 4:00pm	Friends of Bill W. Meet	Piano Lounge, 2
□ 5:00pm	Martini Madness	Atrium, 1
□ 5:00pm	Fitness Class: Pathway to Yoga \$12	Fitness Center, 9
□ 5:00pm	Sip & Savor Join Culinary Arts Center Host Ashley for pre-dinner appetizers and wine by the glass special \$4.	Pinnacle Bar, 2
□ 5:30pm	Create Movies and Slideshows: Create a movie out of your favorite photos and videos using Movie Maker and share it with friends and family using SkyDrive.	Digital Workshop, 2 aft
□ 7:00pm	SHOWTIME: In Concert Featuring the Zuiderdam Singers and Dancers	Vista Lounge, 2
□ 7:30pm	LGBT Gathering	Ocean Bar, 3
□ 8:00pm	Pub Trivia with Culinary Arts Center Host Ashley	Queen's Lounge, 2
□ 8:00pm □ 8:30pm	Captain's Welcome Toast Followed by SHOWTIME: In Concert Featuring the Zuiderdam Singers and Dancers	Vista Lounge, 2
□ 9:00pm	TONIGHT'S GAMESHOW: Battle of the Sexes	Queen's Lounge, 2
□ 9:00pm	Texas Hold'em \$1/\$2 no limit cash game	Casino, 2
□ 10:00pm	SHOWTIME: In Concert Featuring the Zuiderdam Singers and Dancers	Vista Lounge, 2
	Paradise Lotto Drawing The jackpot has reached more than \$120,000. Play for just \$2	Casino, 2

TODAY'S MOVIE

Last Vegas

Screening Room, 3

10:00am, 1:00pm, 4:00pm, 7:00pm & 10:00pm Comedy Rated: PG-13 Time: 1 Hour 45 Minutes Staring: Robert De Niro, Michael Douglas

Three sixty-something friends take a break from their day-to-day lives to throw a bachelor party in Las Vegas for their last remaining single pal.

Seating is limited in the Screening Room.

This movie will replay on Channel 36 of your stateroom television on March 20.

SERVICES		
LOCATION	HOURS	DECK
Explorations Café Library	8a-10p	10
Fitness Center	6a-9p	9
Front Office	24 hours	1
Future Cruise Consultant	10a-12n, 3p-6p	1
Greenhouse Spa & Salon	8a-10p	9
Thermal Suite & Hydropool	8a-10p	
Medical Center	8a-12n, 2p-6p	Α
Doctor's Hours	10a-11a, 5p-6p	
Pool - Aft	7a-5:30p	9
Pool - Midship	7a-9p	9
Hot Tubs	9a-10p	9
Port Shopping Ambassador	5p-8:30p	1
Shore Excursions Desk	9a-5p	1
Signature Shops	9a-11p	3
Casino Cashier & Tables	10a-close	2

ONBOARD OFFERS

PARK WEST

Live Champagne Art Auction

If you love art, complimentary champagne and fun, then stop by the Live Champagne Art Auction.
Register for discounts of up to 40% off Park West Gallery prices

1:00pm - Ocean Bar, 3

PHOTO GALLERY

Formal Night Portrait Studios

Have a beautiful portrait taken this
evening in one of our photo studios
5:00pm-6:00pm, 7:00pm-8:00pm
9:00pm-10:00pm
Atrium 1, 2, 3 & Explorer's Lounge, 2

GREENHOUSE SPA AND SALON

Hot Stones Massage

A full body traditional massage combined with warm stones. Release deep muscular tension and enjoy ultimate relaxation. Receive a complimentary eye treatment valued at \$59 when you schedule today 50 minutes for \$149.

Dial 94 or visit the Greenhouse Spa, 9 to schedule an appointment.

FUTURE CRUISES

Future Cruise Presentation

Join Michelle for a revealing presentation and learn how to be a savvy cruiser with tips on how to get the best value on your next cruise. Plus see all our great new itineraries through 2015. Join the presentation for your chance to win \$25 shipboard credit this voyage.

SIGNATURE SHOPS

Watch Extravaganza

Featuring Citizen Eco Drive, Bulova, Tissot & more. Up to 35% off US retail 12:30pm Prize Draw

Tag Heuer Event

Prestige and Precision - 15% off US retail plus additional offers on selected styles during our 2 hour event 4:00pm-6:00pm Signature Shops, 3

INTERNET

Internet Tip for Wi-Fi Users

Don't forget to Logout after each internet session. Type 'logout.com' in the address bar and press [ENTER] Explorations Café, 10

CASINO

Win up to \$500 Blackjack Tournament First qualifying round 1:00pm-3:00pm \$20 to enter

Free Slot Play!

Insert your Key Card into any slot machine to see if you are a lucky winner of \$20 in free slot play



Deliciously desirable natural brown diamonds from Le Vian® Chocolatier

Presented by Merabella Manager Diana

2:30pm - Hudson Room, 3