

### SUNDAY, MARCH 23, 2014

Forecast: Partly Cloudy Winds: N 5kts
Temperature: 29°C / 84°F

Sunrise / Sunset: 6:05am / 6:47pm Arrival: 7:00am

All Aboard: 12:30pm
Dress Code: Smart Casual

The ships clocks will move BACK one hour at 2:00am on March 23.



Bringing the cultures, tastes and unique Holland America experiences to life, both on board and off.

### Today's highlights include:

### Delicious Caribbean Cuisine 1:00pm

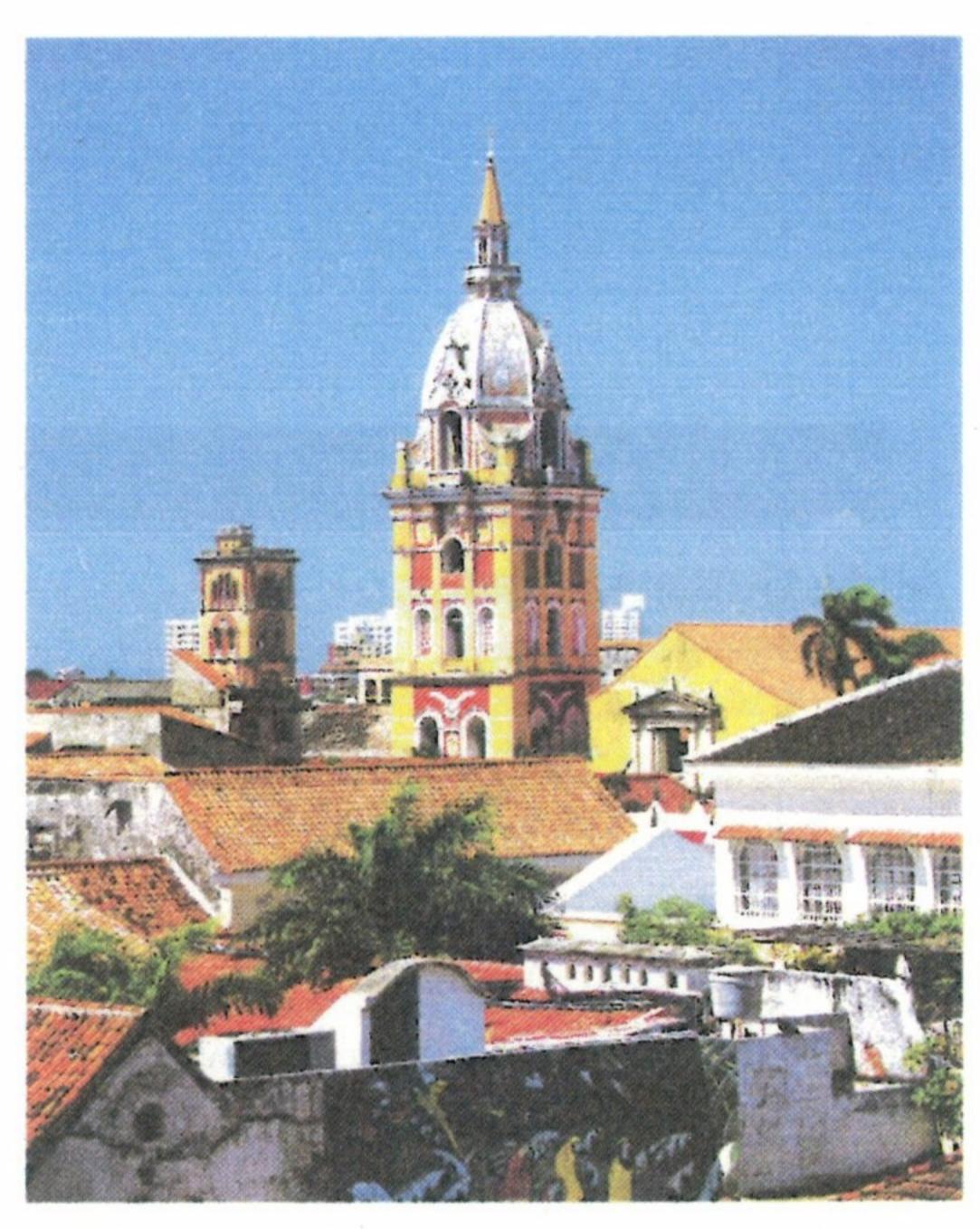
CULINARY ARTS CENTER, 2
Slide into the spirit of the islands and eat Caribbean. Today Culinary Arts
Center Host Ashley will you how to prepare Scallops with Mango Salsa.

# Teasers, Tantalizers and Nibblers 5:00pm

Join Culinary Arts Center Host Ashley for tonight's Caribbean themed pre-dinner appetizer and drink special. Crostini with Jumbo Shrimp and Rum Punch.

## Caribbean Stud Poker · 8:30pm CASINO, 2

Caribbean Stud Poker is a casino table game with rules similar to five-card stud poker. However, unlike standard poker games, Caribbean Stud is played against the house rather than against other players. Can you beat the house?



### Panama Canal Fun Fact

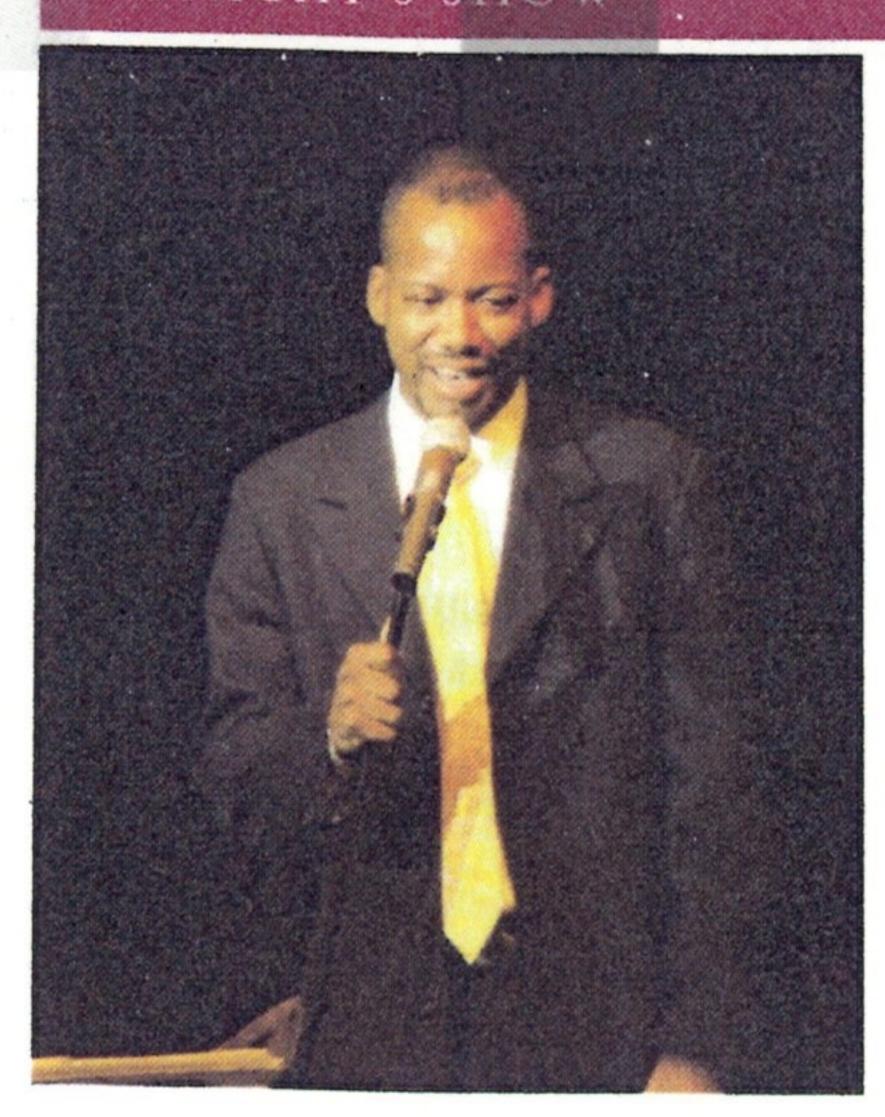
Ships traveling between New York and San Francisco save 7,872 miles by using the Panama Canal instead of going around Cape Horn.

#### Did You Know?

Holland America Line's commitment to sustainable seafood programs means that our seafood is caught in a manner that does not harm the surrounding ecosystem and ensures enough fish remain in the sea to feed future generations and support local fishing communities. www.marine-conservation.org



### TONIGHT'S SHOW



The Unique Comedy of Mike Robinson 7:00, 8:30pm & 10:00pm VISTA LOUNGE, 2

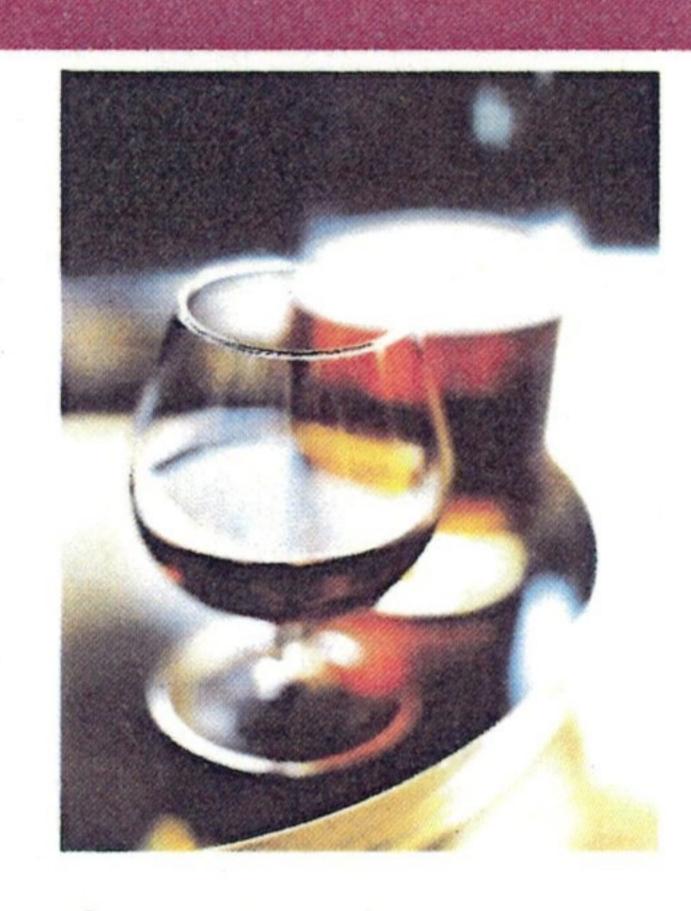
### MUSIC & LOUNGES

Solo Guitarist Ryan
6:00pm · 10:00pm
CROW'S NEST, 10
Enjoy acoustic versions of popular music from the '60s to today.

Adagio · 7:00pm · 11:00pm EXPLORER'S LOUNGE, 2 Our violin and piano duo performs sophisticated classical music.

Yolanda & the HALCats 6:00pm · 10:00pm OCEAN BAR, 3 Join the HALCats at 9:00pm for Ballroom Hour.

Piano Bar Entertainer Michael Sara · 9:00pm · close
PIANO BAR, 2
Grab a drink and join Michael for 'Drifters, Platters and Sam Cooke'.



Carly & the HALCats 8:00pm · 12:00mn QUEEN'S LOUNGE, 2

Show Host Ash · 9:00pm · close NORTHERN LIGHTS, 2 Join Show Host Ash for 'Disco Divas of the '70s' at 9:00pm and 'All Your Requests' at 10:30pm.



### The Canal Experience

Here's your only opportunity to transit the Panama Canal and make your way through the Pedro Miguel & Miraflores Locks. Board a ferry that will take you to the Pacific, before returning to Colon on a coach.

> Book at the Shore Excursions Desk Atrium, 1

### "AS YOU WISH DINING"®





Pacific Northwest Steak & Seafood in an intimate setting. Lower Promenade, 2 midship

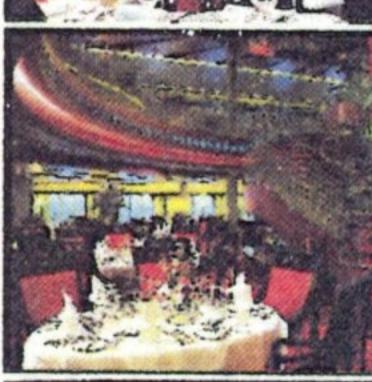
Lunch: 12n-1p, \$10 Dinner: 5:30p-9:30p, \$29





A taste of Italy featuring small plates for sharing.

Lido, 9 midship Dinner: 5:30p-9:30p, \$10



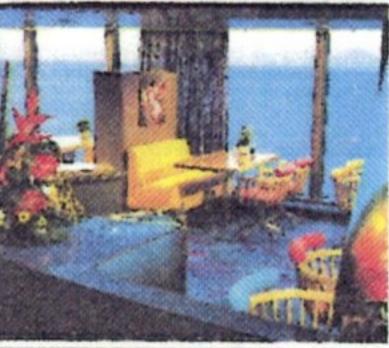


A wide variety of options for breakfast, lunch and dinner in this classic setting with ocean views.

Breakfast: 7:30a- 9a Lunch: 12n-1p

Afternoon Tea: 3p-4p

Dinner: Open Seating: 5:15p-9p Seating's at: 5:30p & 7:45p





Our casual option for breakfast, lunch and dinner.

Lido, 9

Continental Breakfast: 5:30a-10:30a Full Breakfast: 6a-10a Lunch: Lido Bistro: 11:30a-2p Lido Deli: 11:30a-5p Casual Dinner: 5:30p-8p Late Night Snack: 11p-12m



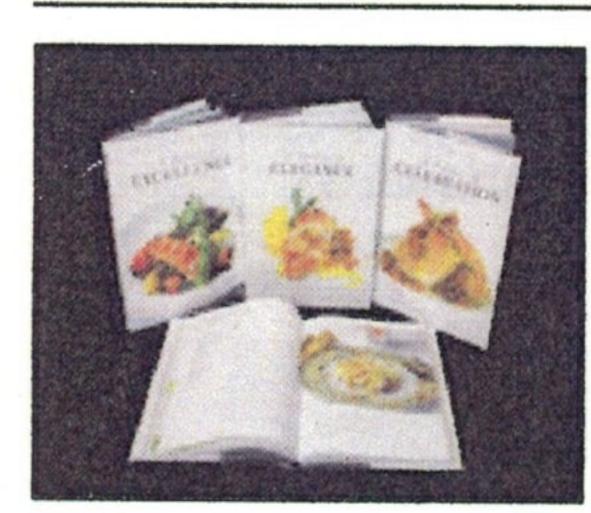


Burgers, Hot Dogs and Fries served poolside.

Lido Poolside, 9

Grill: 11:30a-6p Mexican Fiesta: 11:30a-2p Taco Bar: 2:30p-6p

### TASTE OF EXCELLENCE COOKBOOK



In celebration of Master Chef Rudi Sodamin's newest Signature cookbook release. Featuring enticing recipes from our favorite Culinary Arts Center cooking shows.

Choose from: Taste of Excellence, Taste of Elegance, Taste of Celebration or Appetizer.

Cookbooks are available for purchase at all of our bars and Front Office.



Teasers, Tantalizers and Nibblers

Join Culinary Arts Center Host Ashley for tonight's Caribbean themed pre-dinner appetizer and drink special. Crostini with Jumbo Shrimp and Rum Punch.

Lido Poolside, 9 5:00pm

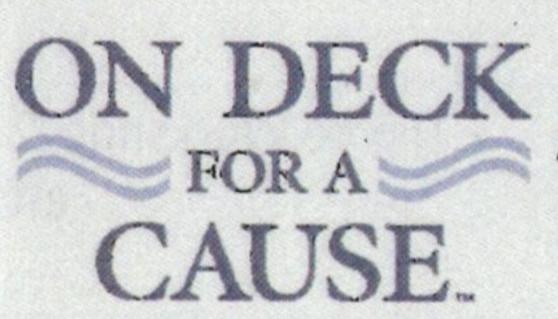
DRINKS			
		HAPPY	
LOCATION	HOURS	HOUR	<b>DECK</b>
<b>Explorations Café</b>	7a-10p		10
Lido Bar	9a-8:30p		9
Seaview Bar	9a-8:30p	TALL TO SERVICE AND THE PROPERTY AND THE	9
Ocean Bar	10a-12:30a	4p-5p	3
Crow's Nest	2p-close	4p-5p	10
Sports Bar	4:30p-close		2
Explorer's Lounge	5p-11p		2
Northern Lights	9p-close		2
Pinnacle Bar	4:30p-11p		2
Atrium Bar	4:30p-8:30p	6p-7p	1
Piano Bar	8:30p-close	*************	2

### DRINK OF THE DAY

Tropical Cable Car \$5.95

<sup>\*</sup>Reservations for specialty restaurants can be made by dialing 88.

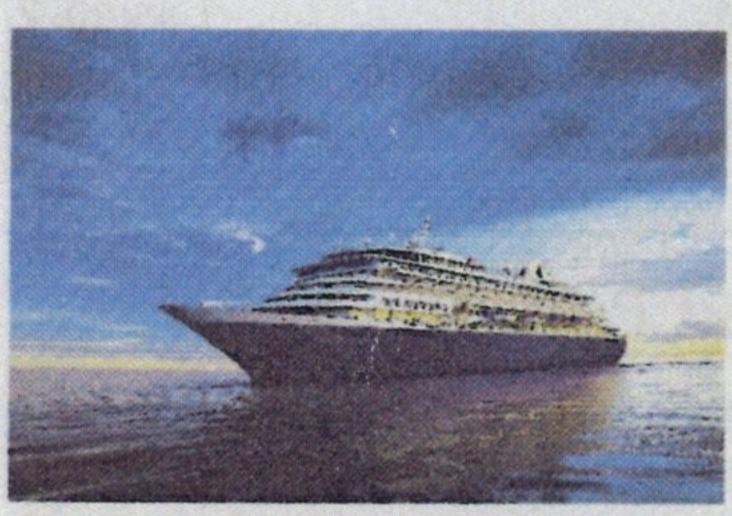
### On Deck For A Cause



The Holland America Line Foundation invites you to join us in the fight against cancer by participating in On Deck for a Cause™, a 5K non-competitive walk around the ship's deck that will raise money for six international cancer organizations.

The walk will take place on Thursday, March 27

☐ 2:00am	THE SHIPS CLOCKS WILL MOVE BACK ONE HOUR	
□ 7:00am	Fitness Class: Morning Stretch	Fitness Center, 9
□ 7:30am	Fitness Class: Abs Class	Fitness Center, 9
□ 8:00am	Fitness Class: Pathway to Yoga \$12	Fitness Center, 9
□ 10:00am	Card Players Meet	Pinnacle Bar, 2
☐ 12:30pm	Reinvent your Email with Outlook.com: Learn how to connect your social networks and manage your inbox and privacy settings	Digital Workshop, 2 aft
□ 1:00pm	Jade Event Colorful collection of Jade crafted into necklaces and earrings. Save 25% off US retail	Signature Shops, 3
□ 1:00pm	Wine and Cheese Sailaway	Crow's Nest, 10
□ 1:00pm	Team Trivia Challenge with Cruise Director Dave	Crow's Nest, 10
□ 1:00pm	The Sounds of the Caribbean Join us on the back deck as we sailaway from beautiful Cartagena with music by Steel Drum Player Kevin and Tropical Rum Punch drink specials	Seaview Poolside, 9
□ 1:00pm	Fitness Seminar: Walking In Comfort	Fitness Center, 9
□ 1:30pm	\$30 Texas Hold'em Beginners' Tournament	Casino, 2
□ 1:30pm	Keep Your Photos Organized: Discover how Photo Gallery can help manage, view, and organize photos through tags, captions, and ratings	Digital Workshop, 2 aft
□ 2:00pm	Creative Craft: Ribbon Roses	Explorer's Lounge, 2



### Future Cruise Presentation

Future Cruise Consultant Michelle introduces you to the "Elegant Explorer "the ms Prinsedam and our 2015 newly released itineraries

> Queen's Lounge, 2 2:00pm

□ 2:00pm	Basketball Shootout with Show Host Ash	Sports Court, 11 aft
□ 2:00pm	Acupuncture Seminar: Chinese Herbal Medicine	Ocean Bar, 3
□ 2:00pm	Card Players Meet	Pinnacle Bar, 2
□ 2:00pm	Future Cruise Presentation: "Elegant Explorer" Future Cruise Consultant Michelle introduces you to the ms Prinsedam and our 2015 newly released itineraries	Queen's Lounge, 2
□ 2:30pm	Learn to Use Your Digital Camera: Bring your digital camera, and we will show you how to use it	Digital Workshop, 2 aft
□ 2:30pm	Fitness Seminar: Cleanse Yourself Back to Health	Hudson Room, 3
□ 3:00pm	Jade Prize Draw win a beautiful carved necklace from Cassiar Jade	Signature Shops, 3

	Cartagena, Colombia SUNDAY,	
□ 3:00pm	\$18,000 Crazy Hat Bingo Wear your Crazy Hat to bingo to receive a complimentary card *with purchase	Queen's Lounge, 2
□ 3:30pm	Techspert Time: Techspert Brian is available to answer your questions about Windows 8	Digital Workshop, 2
□ 3:30pm	Medi-Spa Seminar: Facelift Without the Surgery with Dr. Luis Moch M.D.	Explorer's Lounge, 2
□ 4:00pm	Friends of Bill W.	Piano Lounge, 2
□ 4:30pm	Healthy Habits Culinary Arts Center Host Ashley discusses the health benefits of Dark Chocolate and Red Wine	Culinary Arts Center, 2
□ 4:30pm	The MBA of Art: Modern Masters Seminar Get your "MBA" in art as we introduce you to some of the world's most beloved modern artists – Max, Britto, and Agam	Explorers Lounge, 2
□ 5:00pm	ON LOCATION Teasers, Tantalizers and Nibblers Join Culinary Arts Center Host Ashley for tonight's Caribbean themed pre-dinner appetizer and drink special	Lido Poolside, S
□ 5:00pm	Fitness Class: Pathway to Pilates \$12	Fitness Center, S
□ 5:00pm	Martini Madness	Atrium Bar,
□ 5:00pm	Interdenominational Service	Hudson Room, 3
□ 5:00pm	Mass is Celebrated	Queen's Lounge, 2
□ 5:30pm	Art Exhibition: Uniquely Yours	Art Gallery, 2
□ 7:00pm	SHOWTIME: Comedian Mike Robinson	Vista Lounge, 2
□ 7:30pm	LGBT Gathering	Ocean Bar, 3
□ 8:00pm	Links of Luxury Grand Prize Draw Win a custom made Inch of Gold necklace worth \$350	Signature Shops, 3
□ 8:00pm	Name That Tune with Show Host Ash	Northern Lights, 2
□ 8:30pm	SHOWTIME: Comedian Mike Robinson	Vista Lounge, 2
□ 8:30pm	ON LOCATION Caribbean Stud Poker Highest Hand Competition	Casino, 2
□ 8:00pm	'70s Disco Divas with Show Host Ash	Northern Lights, 2



### Caribbean Stud Poker

Caribbean Stud Poker is a casino table game with rules similar to five-card stud poker. However, unlike standard poker games, Caribbean Stud is played against the house rather than against other players. Can you beat the house?

Highest Hand Competition from 8:30pm Casino, 2

□ 9:00pm	Single Malt Scotch Tasting \$25 with Cellar Master Adrien	Pinnacle Bar, 2
□ 9:00pm	Texas Hold'em \$1/\$2 no limit cash game	Casino, 2
□ 9:30pm	Links of Luxury Grand Prize Draw Win a custom made Inch of Gold necklace worth \$350	Signature Shops, 3
□ 10:00pm	SHOWTIME: Comedian Mike Robinson	Vista Lounge, 2
□ 10:30pm	All Request Night with Show Host Ash	Northern Lights, 2
□ 11:00pm	Paradise Lotto Drawing The jackpot now stands over \$121,000. Play tonight for just \$2	Casino, 2
o/n: 30742120	) day 5	

#### TODAY'S MOVIE

Tailor of Panama Screening Room, 3

10:00am, 1:00pm, 4:00pm, 7:00pm & 10:00pm Drama Rated: R Time: 1 Hour 50 Minutes Staring: Pierce Brosnan, Jamie Lee Curtis

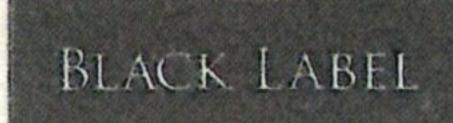
A British spy is banished to Panama after having an affair with an ambassador's mistress. Once there he makes connection with a local tailor with a nefarious past and connections to all of the top political and gangster figures in Panama.

Seating is limited in the Screening Room.

This movie will replay on Channel 37 of your stateroom television on March 24.

SERVICES		
LOCATION	HOURS	DECK
Art Gallery	5p-9	2
Explorations Café Library	8a-10p	10
Fitness Center	6a-9p	9
Front Office	24 hours	1
<b>Future Cruise Consultant</b>	3p-7p	1
Greenhouse Spa & Salon	8a-10p	9
Thermal Suite& Hydropool	8a-10p	
Medical Center	8a-12n, 2p-6p	A
Doctor's Hours	8a-9a, 5p-6p	
Pools	7a-9p	9
Hot Tubs	9a-10p	9
Port Shopping Ambassador	6p-7p	1
Casino	1:30p-close	2
Shore Excursions Desk	7a-8a, 2p-5p	1
Signature Shops	1:30p-11p	3

#### ONBOARD OFFERS



### Black Label Art Photography

A private, relaxed photographic experience, capturing the true essence of who you really are.
Limited appointments available. No sitting fee and no purchase obligation. Contact your Black Label Artist, Vesna, to make your appointment

Photo Gallery, 3

#### SIGNATURE SHOPS

Jade Jewelry Event
Introducing our colorful collection of
Jade crafted into necklaces and earrings
Jade Prize Draw 3:00pm

Links of Luxury Grand Prize Draws Win a custom necklace worth \$350 Signature Shops, 3 Prize Draw 8:00pm and 9:30pm

### PHOTO GALLERY

Cartagena Photo Memories
Your Image Creators will be at the
gangway from 7:30am to 10:30am to
create a photo memory of your visit.
View pictures in the Photo Gallery, 3

#### CASINO

Low Limit Table Games 1:30pm-6:00pm

Caribbean Stud Poker Highest Hand Competition

Highest hand of the night wins a Club 21 gift pack

Casino, 2

8:30pm-11:00pm

### FINE ART

Uniquely Yours Art Exhibition
From Peter Max to Itzchak Tarkay,
Krasnyansky and LeKinff, tonight we're
displaying unique, one-of-a-kind
paintings that you will only find on this
ship. These diverse styles are a must see
Art Gallery, 2
5:30pm -9:30pm

### MERABELLA LUXURY BOUTIQUE

Morganite by Makur Delicate pinks set in white and rose gold Merabella Luxury Boutique, 3 2:00pm - 10:00pm

#### FUTURE CRUISES

Canada & New England

Sail down the St. Lawrence River, savor the famous oysters on Prince Edward Island and fresh lobster in Maine. Visit historical sites in Boston and Newport. Summer sailings and 'Fall Colors' itineraries available now! For details see Future Cruise Consultant Michelle in the Atrium, 1

## THEGREENHOUSE

## TODAY'S SPA SPECIAL

Spa Taster

25-minute Hydrating Facial and 25-minute massage, 50 minutes for \$109. Upgrade to a 25-minute hot stones massage for \$129

Visit the Greenhouse Spa, 9 or dial 94 to book your spa treatment